

Cancer STATS & FACTS for Ohio SKIN CANCER/MELANOMA

Who Gets Skin Cancer/Melanoma

Skin cancer is the most common cancer in the United States. The two most common types of skin cancer — basal cell and squamous cell skin cancer — are not reportable and are often cured.

Melanoma, the third most common type of skin cancer, causes the most deaths.

An average of 3,238 cases of melanoma were diagnosed annually from 2013 to 2017 in Ohio, making up 5% of all new cancer cases.

Melanoma Trends

From 1996 to 2017, incidence rates increased 72%, while death rates were stable in Ohio.



Melanoma incidence (new case) rates were:



times higher among whites than blacks.

Melanoma death rates were:



Early Detection is Important

99% of people diagnosed at an early stage when melanoma has not spread

25% of people diagnosed when melanoma has **spread** to distant parts of the body

SURVIVE 5 YEARS.

SURVIVE 5 YEARS.

The best way to find skin cancer early is to look for changes on your skin, such as a:

Report these changes to your doctor.

- New growth.
- Sore that doesn't heal.
- Change in a mole.

Prevention Is Key

Exposure to **ultraviolet (UV)** radiation causes most cases of skin cancer. To reduce UV exposure:



- Wear protective clothing, such as long sleeves, a wide-brimmed hat, etc.
- Wear sunglasses that block UV rays.
- Apply a broad-spectrum sunscreen with a sun protection factor (SPF) of 30 or higher.
- Seek shade, especially between the hours of 10 a.m. and 4 p.m., when UV light is strongest.
- **Avoid indoor tanning** booths and sun lamps.

